

Who We Are

The Center for Positive Aging is a partnership of individuals, community organizations, quality providers, and congregations working together to provide health and wellness, educational, and socialization opportunities for all persons.

What We Do

- The Center for Positive Aging bridges the disconnect between those who need assistance and the vast network of information, programs, and services available for seniors and their families.
- Our Congregation and Business Affiliates expand outreach to all members of the community through their participation in Center for Positive Aging seminars, special events, and web based resources.
- We promote the physical, mental, and spiritual well-being of all persons, and help seniors maintain their dignity, independence, and usefulness through a variety of programs, educational events, and volunteer opportunities.
- We are committed to providing seniors with the information they need, and serving as a connection to the programs and services they want, for independent living.



Through congregational affiliations, professional partnerships, and access to over 22,000 service providers and programs, the Center for Positive Aging is committed to providing and promoting education, programs, and services to all seniors and their families regardless of ethnicity, disability, or financial resources.

Center for Positive Aging

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As a non-profit tax deductible charity, we gratefully accept your donation for our programs that are open to all senior adults and their families in this community and Georgia.



*Your Connection to the
Resources You Need*



Center for Positive Aging

Your Connection to the Resources You Need

OVERVIEW

The Center for Positive Aging

is a convenient, accessible resource for information, programs, and services that help people of all ages maintain the health, dignity, and well-being necessary to lead creative, independent lives.



Through access to over 22,000 service providers, partnerships with congregational affiliates, organizations, professionals, and businesses, the Center for Positive Aging connects seniors and their families to the aging services network in Georgia.

Available programs and services range from promoting positive lifestyles among elders to support for grandparents raising grandchildren.



Education Programs

Modern World 101

With an increasing number of grandparents raising grandchildren, this program seeks to guide grandparents in understanding decisions regarding discipline, modern technology, and effective communication with their grandchildren, as well as educate them on warning signs of drug and alcohol abuse, and depression.



Positive Aging LifeStyles (PALS)

Positive Aging LifeStyles is a program designed to reclaim our senior population as community leaders. This program enhances the well-being and mental health of our elders through the instruction of three modules (Ageless Mind, Ageless Body, and Ageless Spirit).

Wellness

Living Well (Chronic Disease Self Management Program)

Designed for adults with any chronic condition, Living Well gives people the tools to combat symptoms of pain, fatigue, depression, and stress/anxiety.

Person-Centered Care and Services

Supported by the Culture Change Network of Georgia (CCNG), Person-Centered Care and Services, also known as Culture Change, consists of a group of supporters working to foster change by improving quality of life for older Georgians in all settings where aging services are delivered.

Our Website

Go to www.centerforpositiveaging.org to:

- Learn about the history and mission behind the Center.
- Search for housing for seniors, in home care, congregations, business affiliates, and our other quality providers!
- Customize your search by type and location to find exactly what you are looking for.
- Know more about upcoming events, how to become an affiliate, our quality provider database, and our newsletter.
- Access links to Our Network organizations, the Aging Services of Georgia, the Georgia Institute on Aging, and the Culture Change Network of Georgia.
- Learn more about our education and advocacy programs.

